

Psalms 127/128

Refrain: Whoever fears the Lord shall indeed be blessed

Unless the Lord builds the house, their labour is in vain who build it.
Unless the Lord watches over the city, in vain the watchman keeps his vigil.
It is in vain that you rise so early and go to bed so late;
vain, too, to eat the bread of toil, for he gives to his beloved sleep.

Refrain: Whoever fears the Lord shall indeed be blessed

Children are a heritage from the Lord, and the fruit of the womb is a gift.
Like arrows in the hand of a warrior are the children of one's youth.
Happy are they who have a quiver full of them!
they shall not be put to shame when they contend with their enemies in the gate.

Refrain: Whoever fears the Lord shall indeed be blessed

Happy are they all who fear the Lord, and who follow in his ways!
You shall eat the fruit of your labour; happiness and prosperity shall be yours.
Your wife shall be like a fruitful vine within your house,
your children like olive shoots round about your table.

Refrain: Whoever fears the Lord shall indeed be blessed

The one who fears the Lord shall thus indeed be blessed.
The Lord bless you from Zion, and may you see the prosperity of Jerusalem all the days of your life.
May you live to see your children's children; may peace be upon Israel.

Refrain: Whoever fears the Lord shall indeed be blessed